200 hour Scholarship Questions

innerglow yoga

Thank you for your interest in our 200 hour foundational teacher training program. We are thrilled that you chose us!

Please answer the following questions to the best of your ability. Submit your responses to Michelle at michelle@innerglowyogacapecod.com

1. Why do you want to be a yoga teacher?
2. What influences your practice?
3. How long have you been practicing?
4. What are your hopes for sharing yoga in your community?
5. Are you ready and committed to changing your life?